

ABSTRACT

The invention provides methods for the inhibition of inflammation by providing, to a cell,
5 in need thereof, monoterpene compositions that inhibit NF- κ B . These compositions may also
contain a carrier moiety that renders the monoterpene composition membrane permeable. The
carrier may include triterpenoid moieties, sugars, lipids, or even additional monoterpenoid
moieties. The composition can also contain additional chemical functionalities. Methods for
using these compounds to prevent and treat a wide range of inflammatory conditions, especially,
10 premalignant inflammatory conditions are described.

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